

DEVANEY MEDICAL CENTRE PRE TRAVEL ASSESSMENT FORM

Please complete this form prior to your appointment. The information you provide will help your nurse/doctor to assess your travel health needs before your trip.

Name	
Date of Birth	Male/Female
Country of Birth	Arrival in the UK
Contact number (in case of emergency)	
Date of travel	
Date of return	
Total duration of travel	

Destination: Give details of the countries you will be visiting, in the correct order, including any country you may be just passing through.

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Country to be visited area & region(s)	Length of stay	Type of accommodation	Travelling to remote areas or away from medical help?
1.			
2.			
3.			
4.			
5.			
6.			
7.			

Type of travel: Circle all those that describe your trip

Reason for travel	Business Visiting Friends or relatives	Tourism/pleasure Pilgrimage	Other Healthcare worker
Type of holiday/travel	Package Self Organised	Cruising Camping	Trekking Backpacking
Are you travelling with	Family	Group	Alone
Planned activities	Leisure Diving	Adventure Natural Disaster Work	Safari Medical Procedure

Personal Medical History: Do you have or have you ever had any of the following:

Allergies (e.g. food, latex, antibiotics)
Anaemia
Anxiety, depression or mental illness
Bleeding/ Clotting disorder
Condition or receiving treatment (e.g. steroids, chemotherapy or radiotherapy) which may affect your immune system
Diabetes
Epilepsy
Gastrointestinal (stomach) problems
Heart disease, incl high blood pressure
HIV/AIDs
Fainting
Kidney problems
Liver problems
Neurological (nervous system) illness
Previous reaction to any vaccine
Recent surgery
Respiratory (lung) disease
Rheumatology (joint) disease
Spleen problems
hymus dysfunction

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Women Only	Date of last period:
Pregnant	Circle trimester: 1 2 3
Planning pregnancy	
Breastfeeding	
Contraception	Type:

Give details of medical conditions ticked above or any other current or past condition which may affect your travel plans
List any medication that you are taking including over the counter medications, vitamins and herbal remedies:-

Malaria: List the name of any malaria tablets that you have previously taken, if you cannot remember the name of the tablet it may be useful to list the country visited when taking anti-malarial medication:-

Vaccination History: Please tick any travel vaccine that you have previously been given and if known when the vaccines were given

🕒	Travel Vaccine	Date(s) given if known
	BCG	
	Cholera	
	Tetanus	
	Polio	
	Diphtheria	
	Hepatitis A	
	Hepatitis B	
	Influenza	
	Japanese B Encephalitis	
	Meningitis ACWY	
	MMR	
	Rabies	
	Tick-borne Encephalitis	
	Typhoid	
	Yellow Fever	
	Other	

Remember:

- Take out adequate travel insurance including any possible activities. A European Health Insurance Card (EHIC) entitles you to free or reduced rate medical care in most EU countries. You can apply for one free of charge online (www.dh.gov.uk), by phone (0845 606 2030), or by post using a form from the Post Office
- A dental check-up before you travel may prevent problems while you are away.
- Ensure you have enough of your current medication to see you through your trip. This may include contraceptives, inhalers etc.
- Pack a first aid kit (a sterile kit of emergency equipment may be a good idea if you are going somewhere remote).

Signed: _____ **Date:** _____